

Monday	Tuesday	Wednesday	Thursday	Friday
CENTER CLOSED 2  Labor Day	3 10:00: Workout 10:30: Yoga w/ Laurie 10:30: Aging with Comfort Info Session 10:30: Positive News Hr w/Jill 11:00: Health & Wellness 12:15: Aetna BINGO!	Price is Right Day! 4 10:00: Workout 10:30: Price is Right Game 12:00: Music Magic 12:15: Bible Study 12:30: Price Is Right Re-runs	5 10:00: Workout 10:30: Art w/ Jenny 10:30: Zumba w/Nancy 10:30: Tranquility 12:30: Art w/ Jenny 12:30 Line Dancing w/ Nancy	6 10:00: Workout w/Jill 10:30: Tai Chi w/ Darrel 10:30: Art4Me w/Jenny 12:30: Gardens & Habitats 12:30: Art4Me w/Jenny 12:30: Uno + Other Card Games
9 10:00: Workout 10:30: Drums Alive 10:30: Nutrition Trivia with Jill & Aimee 12:00: Movie: The Pink Panther 12:30: Mastering Ur Mind	10 10:00: Workout 10:30: Yoga w/ Laurie 10:30: PA Health&Wellness Visit 11:00 - 1:00: A Very Special, Surprise Celebration! 1:00: Group Photos	11 10:00: Workout 10:30: Tai Chi w/ Darrel 10:30: 9/11 Remembrance Discussion 10:30: Dr. Felizadeh - Lecture on Sleep 12:00: Music Magic 12:15: Bible Study	10:00:Sen.Cappelletti's Office 12 10:00: Workout 10:30: Art w/ Jenny 10:30: Zumba w/Nancy 10:30: Tranquility 12:30: Art w/ Jenny 12:30 Line Dancing w/ Nancy	13 10:00: Workout w/Jill 10:30: Tai Chi w/ Darrel 10:30: Art4Me w/Jenny 12:30: Gardens & Habitats 12:30: Art4Me w/Jenny 12:30: Virtual Reality Demo
Guacamole Day! 16 10:00: Workout 10:30: Drums Alive 10:30 - Guac Tasting + Recipes 10:30: 12: Booth Main Line Health: Falls Prevention 12:00: Movie: Queen Bees 12:30: Mastering Ur Mind	17 10:00: Workout 10:00-11:30: Rebates Program w/ Sen. Cappelletti's Office 10:30: Yoga w/Laurie 10:30: Positive News Hr w/ Jill 12:15: Oak St. Health Bingo!	18 10:00: Workout 10:30: Humana Time with Tina 10:30: Tai Chi w/ Darrel 10:30: Nature Documentary 12:00: Music Magic 12:15: Bible Study	19 10:00: Workout 10:30: Art w/ Jenny 10:30: Zumba w/Nancy 10:30: Tranquility 12:30: Art w/ Jenny 12:30: Line Dancing w/ Nancy 1:00: AI Scams Webinar (Open to all)	20 10:00: Workout w/ Jill 10:00: Blood Pressure w/ MLH 10:30: Tai Chi w/ Darrel 10:30: Play - The College Students 10:30: Art4Me w/Jenny 12:30: Gardens & Habitats 12:30: Art4Me w/Jenny 12:30: Q & A: Adam with Voter Services
23 10:00: Workout 10:30: Drums Alive 10:30: Virtual Reality Demo 12:00: Movie: The Princess Bride 12:30: Mastering Ur Mind 12:30: Armchair Travel: France	24 10:00: Workout 10:30: Yoga w/Laurie 10:30: Positive News Hr w/ Jill 10:30: Dr. Lorraine - Info on Adult Vaccines 12:15: Aetna BINGO!	25 10:00: Workout 10:30: Jeopardy! 10:30: Tai Chi w/ Darrel 12:00: Music Magic 12:15: Bible Study	26 10:00: Workout 10:30: Art w/ Jenny 10:30: Zumba w/Nancy 10:30: Tranquility 10:30: AI Scams: Conversation w/ Mark Clark 12:30: Art w/ Jenny 12:30 Line Dancing w/ Nancy 12:30: Nutritional Talk w/ Oak St. Health	27 10:00 Workout w/ Jill 10:30: Tai Chi w/ Darrel 10:30: Art4Me w/Jenny 12:00 - 1:00: September Birthday Celebration! w/ MoBetter Entertainment 12:30: Gardens & Habitats 12:30: Art4Me w/Jenny 12:30: Board Games
30 10:00: Workout 10:30: Drums Alive 10:30: Hispanic Heritage Month Presentation 12:00: Movie: Roman Holiday 12:30: Mastering Ur Mind 12:30: Trivia Hour				