

AMBLER ACTIVITIES MAY 2025

<p>Coffee, Tea, & Conversation Monday-Friday 9AM-12PM</p>	<p>Open Billiards Monday-Friday 9AM-2PM</p>		<p>1 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:45 Calming Session</p>	<p>2 10-11:30 BINGO 10-11 Morning Yoga 11-12 Chair Aerobics 12:30 AI Writers Studio</p>
<p>5 10-11:30 BINGO w/ Red Lion Home Care 10-11 Art Viewing 10-11 Full Body Chair Pump 11-12 Tai Chi 12:45 Chair Volleyball</p>	<p>6 10-11 Art Making 10-11 Drums Away 11-12 Zumba Gold 12:45 Jenny's Afternoon Art</p>	<p>7 10-11:30 BINGO 11-12 Silver Sneakers 12-2 Quilting 12:30 Germantown Academy Students Art Project</p>	<p>8 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:45 Get to Know Your Friends</p>	<p>9 10-11:30 BINGO 10-11 Morning Yoga 11-12 Chair Aerobics 12:30 Potting Flowers for Mother's Day 12:30 Birthday Celebration</p>
<p>12 10-11 Art Viewing 10-11:30 BINGO 10-11 Full Body Chair Pump 11-12 Tai Chi 12:30 Joe from Humana Trivia</p>	<p>13 10-11 Art Making 10-11 Drums Away 11-12 Zumba Gold 12:30 Germantown Academy Students Art Project</p>	<p>14 10-11:30 BINGO 10:15 Changes & Challenges 11-12 Silver Sneakers 12-2 Quilting 12:30 Aging w/ Comfort 6pm-7pm Evening Yoga</p>	<p>15 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:30 Germantown Academy Art Project</p>	<p>16 10-11:30 BINGO 10-12 Hearing Screening 10:15 Brain Power Hour 11-12 Chair Aerobics 12:30 Music Magic</p>
<p>19 10-11 Art Viewing 10-11 Full Body Chair Pump 11-12 Tai Chi 12:30 Budgeting & Lowering Expenses w/ Chris Crail</p>	<p>20 10-11 Art Making 10-11 Drums Away 11-12 Line Dancing 12:45 Jenny's Afternoon Art</p>	<p>21 10-11:30 BINGO w/ Kathy 11-12 Silver Sneakers 12-2 Quilting 12:30 Betty Foglio RN Case Management</p>	<p>22 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:45 Get to Know Your Friends</p>	<p>23 10-11:30 BINGO 10-11 Morning Yoga 11-12 Chair Aerobics 12:30 Devoted Health</p>
<p>26 CLOSED</p>	<p>27 10-11 Art Making 10-11 Drums Away 11-12 Zumba Gold 12:45 Jenny's Afternoon Art</p>	<p>28 10-11:30 BINGO 11-12 Silver Sneakers 10:15 Brain Power Hour 11-1 Senator Collett's Rep 12-2 Quilting 12:30 Amy Stern Senior Law</p>	<p>29 10-11 Tai Chi 10:30-12 Gardens & Habitat 12:45 Calming Session</p>	<p>30 10-12 Blood Pressure Check 10-11:30 BINGO 10-12 Open Law Clinic 10-12 Medication Take Back 11 Strength & Balance 12:30 Armchair Travel w/ Pat</p>

Schedule is subject to change