



Mont Saac

## September Calendar

September 1	September 2	September 3	September 4	September 5
	<b>Mac N Cheese W</b> Grilled Chicken & Stewed Tomatoes Brownies Milk	<b>Fajita Chicken w/ Sauteed Peppers &amp; Onions</b> Brown Rice Corn & Black Beans Baked Apples Sour Cream Milk	<b>Pulled Pork BBQ</b> Corn Bread Baked Beans Milk	<b>Honey Lemon Chicken</b> Rice Pilaf Italian Vegetable Blend Brownie* Milk
September 8	September 9	September 10	September 11	September 12
<b>BBQ Ranch Cheddar Chicken Breast</b> Roasted Potatoes Carrots Brownie** Milk	<b>Ham Steak</b> Cabbage & Noodles Zucchini & Squash Blueberry Crisp Milk	<b>Spaghetti w/ Meatballs in Marinara Sauce</b> Cauliflower Baked Apples Milk	<b>Beef Stew</b> Carrots Mashed potatoes Banana Bread** Milk	<b>Eggplant Parmesan</b> Mixed Vegetables Apple Crisp Milk
September 15	September 16	September 17	September 18	September 19
<b>Turkey Pot Roast</b> Roasted Potatoes Broccoli Vanilla Pudding** Milk	<b>Meatloaf w/ Gravy</b> Mashed Potatoes Green Beans Brownie**	<b>Baked Chicken Ziti</b> Cauliflower Peach Cobbler Milk	<b>Swedish Meatballs</b> Mashed Potatoes Green Beans Baked Apples Milk	<b>Cheese Tortellini w/ Marinara Sauce</b> Carrots Spinach Oatmeal Raisin Cookie** Milk
September 22	September 23	September 24	September 25	September 26
<b>Pork Chop w/ Sauerkraut</b> Mashed Potatoes Brownie** Milk	<b>Roast Turkey</b> Sweet Potatoes Baked Apples Dinner Roll w/ Butter** Milk	<b>Beef Teriyaki</b> Brown Rice Asian Vegetable Blend Mandarin Oranges** Milk	<b>Pesto Chicken</b> Pierogies Italian Vegetable Blend Brownie** Milk	<b>Scrambled Egg &amp; Cheese Omelet</b> Breakfast Potatoes Baked Apples Milk
September 29	September 30			
<b>Pork Chop w/ Sauerkraut</b> Mashed Potatoes Brownie** Milk	<b>Fajita Chicken w/ Sauteed Peppers &amp; Onions</b> Brown Rice Corn & Black Beans Baked Apples Sour Cream Milk			