

Ambler September Activities 2025

<p>CLOSED</p> 	<p>2</p> <p>10-11 Art Making 10-11 Zumba Gold 11-12 Drums Away 12:45 Afternoon Art w/ Jenny 12:45 Rhythm & Relaxation</p>	<p>3</p> <p>10-11:30 BINGO 11-12 Silver Sneakers Fitness 12-2 Quilting 12:30 Pep Rally & Food Truck</p>	<p>4</p> <p>10-11 Tai Chi 10:30 Gardens & Habitats 12:30 Trivia</p>	<p>5</p> <p>10-11:30 BINGO 10-11 Morning Yoga 10:15-12 Movie-Sully 10-12 Open Faith Talk 12:30 Chair Volleyball</p>
<p>8</p> <p>10-11 Art Viewing 10-11 Full Body Chair Pump 10-11:30 BINGO 11-12 Tai Chi. 11-2 Tech Help 12:30 Uber Safety w/ Alex</p>	<p>9</p> <p>10-11 Art Making 10-11 Zumba Gold 11-12 Drums Away 12:45 Afternoon Art w/ Jenny 12:45 Katie's Calming Session</p>	<p>10</p> <p>10-11:30 BINGO 10:15 Brain Power Hour 11-12 Silver Sneakers Fitness 12-2 Quilting 12:15 Comforting Care During Aging w/ Betty</p>	<p>11</p> <p>10-11 Tai Chi 10:30-11:30 Ceramics Project 10:30 Gardens & Habitats 12:30 Scarecrow Building for Ambler Community Garden Contest</p>	<p>12</p> <p>10-11 Morning Yoga 10-11:30 BINGO 10-12 Open Faith Talk 11-12 Chair Aerobics 12:30 Music Magic Birthday Celebration</p>
<p>15</p> <p>10-11 Art Viewing 10-11 Full Body Chair Pump 10-11:30 BINGO 10-12 Blood Pressure Check 11-12 Tai Chi 12:30 Wheel of Fortune w/ Norristown</p>	<p>16</p> <p>10-11 Art Making 10-11 Zumba Gold 11-12 Drums Away 12:45 Afternoon Art w/ Jenny 12:30 Price is Right</p>	<p>17</p> <p>10-11:30 BINGO 10:15 Changes & Challenges 11-12 Silver Sneakers Fitness 12-2 Quilting 12:15 CarFit Q&A</p>	<p>18</p> <p>10-11 Tai Chi 10:30 Gardens & Habitats 11-2 Tech Help 12:30 Scarecrow Building for Ambler Community Garden Contest 6pm-7pm Evening Yoga</p>	<p>19</p> <p>10-11 Morning Yoga 10-11:30 BINGO 10-12 Open Faith Talk 10-1 Flu Vaccines 11-12 Chair Aerobics 12:30 70'S in September Disco Party</p>
<p>22</p> <p>10-11 Art Viewing 10-11 Full Body Chair Pump 10-11:30 BINGO 11-12 Tai Chi 11-2 Tech Help 12:30 Building Healthy Relationships</p>	<p>23</p> <p>10-11 Art Making 10-11 Zumba Gold 11-12 Drums Away 12:45 Afternoon Art w/ Jenny 12:45 Rhythm & Relaxation</p>	<p>24</p> <p>10-11:30 BINGO 11 Meet & Greet TransAmerica 11-12 Silver Sneakers Fitness 11-1 Senator Collett's Rep 12-2 Quilting 12:15 Trivia w/ Abington Caregivers</p>	<p>25</p> <p>10-11 Tai Chi 10:30 Gardens & Habitats 12:30 Scarecrow Building for Ambler Community Garden Contest</p>	<p>26</p> <p>10-11 Morning Yoga 10-11:30 BINGO 10-12 Open Faith Talk 10-12 Open Law Clinic 11-12 Chair Aerobics 12:30 Brain Power Hour</p>
<p>29</p> <p>10-11 Art Viewing 10-11 Full Body Chair Pump 10-11:30 BINGO 11-12 Tai Chi 12:15 Senior Scams w/ Donna</p>	<p>30</p> <p>10-11 Art Making 10-11 Zumba Gold 11-12 Drums Away 12:45 Afternoon Art w/ Jenny 6pm-7pm Evening Line Dancing</p>	<p>Coffee, Tea, & Conversation Monday-Friday 9am-12pm</p>		<p>Open Billiards Monday-Friday 9am-2pm</p>

CALENDAR IS SUBJECT TO CHANGE. PLEASE CHECK THE DAILY ANNOUCMENT SCREEN FOR ANY UPDATES