

March Ambler Activities 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Baked Mac & Cheese Roasted Peppers Steamed Green Beans	Pulled Pork Sandwich Cauliflower Sweet Potatoes	White Chicken Chili Brown Rice Roasted zucchini & Stewed Tomatoes	Caribbean Flounder w/Dirty Rice Steamed Carrots Steamed Broccoli	Beef Stroganoff w/Egg Noodles Mixed Vegetables Peach Crumble
10	11	12	13	14
Pasta w/Meatballs Peas Poached Pears	Chicken Burger w/Roasted Peppers & Provolone Cheese Wild Rice Pilaf & Broccoli	Beef Stew Roasted Potatoes Peach Crumble	Pork Pozole (Stew) Rice Capri Vegetables	General Tso's Chicken Fried Rice Broccoli
17	18	19	20	21
Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables	Three Bean Chili w/Bulgur Wheat Peas & Confetti Veggies Apple Crumble	Turkey w/Gravy Glazed Sweet Potatoes Green Beans	Paprika Chicken Wild & Brown Rice Pilaf Peas & Carrots Poached Pear	Sweet Italian Sausage Roasted Potatoes Steamed Peas
24	25	26	27	28
Roasted Chicken Thigh w/Sweet Potatoes Green Beans Blueberry Buckle	Cheese Stuffed Shells w/Crush Tomato Sauce Steamed Carrots Mixed Vegetables	Swedish Meatballs w/Egg Noodles Peas Poached Pears	Chicken Pot Pie Cauliflower Apple Crumble	Philly Roast Pork Sandwich Cauliflower Peach Crumble
31	Monday-Friday 9am-12pm Coffee, Tea, & Conversation		LUNCH SERVED MONDAY-FRIDAY 12PM	
Baked Mac & Cheese Roasted peppers Steamed Green Beans				