

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Baked Mac & Cheese Roasted Peppers Steamed Green Beans *Whole Fresh Fruit	4 BBQ Pulled Pork Sandwich Cauliflower Sweet Potatoes	5 Caribbean Flounder w/Dirty Rice Steamed Carrots Steamed Broccoli	6 Beef Stroganoff w/Egg Noodles Mixed Vegetables Peach Crumble	7 White Chicken Chili Brown Rice Roasted Zucchini & Stewed Tomatoes
10 Chicken Burger w/Roasted Peppers & Provolone Wild & Brown Rice Pilaf Steamed Broccoli *Whole Fresh Fruit	11 Pasta w/Meatballs Peas Poached Pear	12 Beef Stew Roasted Potatoes Peach Crumble	13 Pork Pozole (Mexican Stew) Rice Capri Vegetables	14 General Tso's Chicken Fried Rice Broccoli 
17 Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables *Pudding 	18 Three Bean Chili w/Bulgur Wheat Confetti & Pea Vegetables Apple Crumble	19 Paprika Chicken Wild & Brown Rice Pilaf Peas & Carrots Poached Pear	20 Turkey w/Gravy Glazed Sweet Potatoes Green Beans	21 Sweet Italian Sausage Roasted Potatoes Steamed Peas
24 Roasted Chicken Thighs w/Sweet Potatoes Green Beans Blueberry Buckle	25 Cheese-Stuffed Shells w/Crushed Tomato Sauce Steamed Carrots Mixed Vegetables	26 Swedish Meatballs w/Egg Noodles Peas Poached Pear	27 Philly Roast Pork Sandwich Cauliflower Peach Crumble	28 Roasted Tilapia w/Lemon Rice Capri Vegetables Stewed Tomatoes *Pudding
31 Baked Mac & Cheese Roasted Peppers Steamed Green Beans *Whole Fresh Fruit				



manna
on main street

Ending Hunger, Building Community, Transforming Lives

* indicates side item is packed separately from meal tray

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